



## CLICK & CONNECT

Now you can find out what has been happening at NET by clicking on our fabulous new website. Essential information for the young homeless seeking help is just a scroll or click away along with news, events and of course easy ways to donate to your local charity.

Here at NET we have been successful in creating a new website after securing funding from the National Lottery. The new web site has involved young people from Newark Emmaus Trust (NET) working in collaboration with FCS Websites and Graphic Designer Tim Fabian. Tim works for the Trust on a voluntary basis and has also designed our new logo, leaflets and display banners.

The Trust has 34 units of accommodation available for

young people aged 16 – 25 years old who are homeless or in housing need. We provide accommodation and work with them to develop their skills and confidence and address the individual issues that they face to help them improve their longer-term wellbeing and life opportunities.

Unfortunately, as within other parts of the country Newark and Sherwood has seen an increase in the number of people becoming homeless, 'The homelessness

monitor: England 2016' produced by Crisis with support from the Joseph Rowntree Foundation highlights that the annual 'homelessness acceptances' were 14,000 higher across England in 2014/15 than in 2009/10 reaching 54,000 in the year. The annual survey also found that 54% of local authorities reported that they often found it difficult to provide meaningful help to single people aged 18-24.

In 2015, Nottinghamshire County Council also

highlighted that along with Mansfield, Newark & Sherwood had the highest numbers of homeless people.

As many young people now access the web daily on a range of devices our young residents felt it really important that the new website worked well on all devices and was easy to navigate yet attractive.

The young people benefitting from support at NET hope you agree, so please let us know what you think.

### Also in this festive issue:

- Work in our gardens
- Partnership working
- The BIG Christmas Quiz
- Ceilidh raises funds
- Emmaus, what's in a name
- Moving on...

and more...



## We've been busy in the garden

Residents have all been working very hard on the gardens at the Trust. They have been getting involved and really taking pride in their work.



At one of our houses we have been seriously busy. The residents got stuck in with the weeding, cutting the lawn, planting bedding plants, painting the wall and hanging up solar lights. Some of the residents went shopping and used the budget wisely. We now have two fantastic benches, so the residents can socialise and have a great place to sit.

At another property we up-cycled part of a cot and hung it on a wall, bought some little buckets & put plants in. We also found a fantastic small table and two chairs. Now the residents are happy as they can sit outside and chat with friends.

We have had a good clear up of all the leaves at another house, there were loads! The residents did amazing jobs and worked really hard. We are still working on the garden, hopefully soon we will be able to mend the fence and get some plants and flowers.

Also we have put up a re-cycled cot frame at another one of our houses, painted it and put plants in little buckets. The garden is tidy and a lot of residents have worked hard digging up weeds, sanding down the bench and generally keeping it tidy.

The yard looks much better now with a lovely selection of plants, it brightens up the entrance to the training centre! The residents did a great job, sweeping up, potting up plants and getting rid of the weeds.

### ***This is what our Residents had to say***

*"I love gardening and would like to take charge..... I'm looking forward to the outbuilding becoming a den."*

*"I've enjoyed doing the garden and it looks great now, I often sit in the garden and have helped with loads of the activities."*

*"I helped with the garden. I like the chairs and table and am happy as I can sit outside now. I helped plant the flowers which makes the garden look nicer now than it did before."*

*"It's great, when it gets warm I will be able to sit out with my daughter."*

*"I have helped in all the gardens, I enjoy it and like being busy."*

*"After completing the garden a sense of joy was apparent as you could look at it knowing that it is well kept and pleasing to my eye."*

*"It's nice and I like it, hope we get some more plants soon. I enjoy being in the garden listening to my music."*

*"Great team effort on up-cycling, it looks really colourful."*

All our residents are encouraged to help with the garden project as they learn skills that will help them when they move into independent accommodation. Learning life skills is really important so here at NET we encourage all forms of volunteering and training.



## Fancy dress footie a great success

All the staff and residents would like to say a huge thank you to **Holy Trinity Football Club** whose fancy dress five-a-side football tournament raised over £340 for NET.

## Ceilidh Raises Funds for NET



Trust residents help prepare suppers for hungry dancers

The Ceilidh held at Newark Town Hall on 2 December was a great success and enjoyed by all.

Anne and Chris, two Directors of Newark Emmaus Trust organised the event to help raise funds for essential equipment at the Project. This was made possible by help from a fantastic group of volunteers who used their skills and gave up their time to make this event possible so a huge thank you to all who helped.

A massive £865 was raised which included a generous donation. Residents from the Trust attended with a member of staff and resident Gaby played and sang to provide

entertainment during the interval.

Chris commented, "Gaby sang beautifully and looked so pretty and composed. Lots of people commented on how good she was. A big thank you to Carl and the young people who were working hard on suppers a lot of the time."

A big thank you from all of us at NET to all those that attended and a special thank you to all the helpers that made this such an enjoyable evening.



## Hard work down by the river

Here's how Partnership Working between NET and The Canal and Rivers Trust developed during August-to October this year.



Over the last 3 months' resident volunteers from NET have been tending our adopted garden area on the side of the river; we have managed to keep on top of the weeds and also managed to plant some flowers and small shrubs.

This will hopefully encourage a bit of wildlife to our garden. The young people who have taken part have really taken to it with our resident Kirk saying "it was fun and interesting, as well as it being good to give something back to the community" Kirk was also pleased with the finished product and with what passing members of the

public had to say, Kirk also commented "it's good to see what we've done and to hear peoples comments on the work we are doing".

Our young people have also helped another volunteer group to look after another garden area; it has been good to see our young people work with the older generation, on one

volunteering session two of our residents had a lesson on how the locks work, as the other group are volunteer lock keepers as well.

Some of the residents have been wearing T-shirts that have been sponsored by a local company, this helps people see where we are from and is good publicity for the Trust. Charlotte came down to help a few times and said "it was a good team effort and I was proud of what we had

achieved". All residents are encouraged to try volunteering as it helps

*Newark Emmaus Trust Project Worker Carl commented, "I am very proud of what the residents have achieved, and also the way they have conducted themselves when working with other volunteers they are a credit to themselves and the Trust".*

prepare people for employment and looks good on a CV.



Senior Project Worker Louise and her Mum Joan recently visited Rome and the Vatican Museum. In there in the tapestry room they saw a tapestry of "The supper at Emmaus" and took this photograph.

## What's in a name?

Readers may wonder where we got our name.

Newark Emmaus Trust gained its name from the story in the bible about the journey to the village of Emmaus in which two disciples, one of them named Cleopas, were walking along the road leading to Emmaus when Jesus met them. They did not recognise him and saw him as a stranger. Jesus asked them what they were talking about and they

discussed their sadness at recent events where Jesus of Nazareth was sentenced to death, crucified and buried.

The disciples showed their openness and caring to the unknown stranger by inviting him to stay with them and join in a meal and companionship. When he was at the table he took bread, gave thanks, broke it and began to share it with them. Their eyes were opened and they recognised him and he disappeared from their sight.

## CAREERS



### CV Workshop

Some of our residents enjoyed having Oli for a CV writing session organised by the Lord Nelson at Winthorpe.

Oli, on behalf of the Lord Nelson at Winthorpe, hosted a CV writing workshop in November as part of the Career Planning unit from the City & Guilds course being studied. The one-hour workshop covered all elements of creating a great CV – top tips, candidate USP's, do's and don'ts, structure and chronology, making the most of experience and employment history and the recruitment process. The session wrapped up with a Q&A.

*Our thanks to Oli for taking the time to deliver this workshop*

## Dangerous or Otherwise

Newark Emmaus Trust have been working in partnership with Southwell Workhouse

Since January 2017 The Bare Project have been working with the volunteers and staff from the National Trust Southwell

Workhouse and the residents of Newark Emmaus Trust to delve into the archive of the Workhouse and explore their relevance today. The Bare Project held workshops over a number of months exploring history, doing drama, creative writing, poetry and exploring feelings both past and present. The end result of this part of the project culminated in a performance in front

of a live audience which immersed the audience in an audio visual experience which was really moving.

The performance, called Dangerous or

*"The work that went into the performance piece Dangerous or Otherwise was excellent from both Bare Project and especially the young people from Newark Emmaus Trust. Their commitment and courage was so remarkable. Everyone who has heard the pieces of recording and seen the images in presentations, I have given all around the National Trust and beyond, are blown away by the voices of the young people which have moved people to tears! Congratulations to everyone involved"*

*Jan Overfield Shaw  
Creative and Community Programme Officer,  
The Workhouse Southwell, National Trust .*

Otherwise, was created by The Bare Project, in partnership with Newark Emmaus Trust and The National Trust as part of Southwell Workhouses' Creative Fellow programme.

For some of the residents this was a first time doing drama and exploring feelings which was emotional so the residents would like to thank Jan at the workhouse, Anne who is a Director at the Trust for her support and Geoff who volunteered to help coach the young people as he is skilled in drama teaching.

A massive thank you goes out to all the NET residents who took part: Keiron, Charlotte, Lucy, Gabi, Callum, and Staff members Amanda and Louise.

Moving forward to 2018 some residents now have the opportunity to cement the

partnership work and go to the workhouse as volunteers and get involved in more projects so a big thank you to the National Trust and all at the Workhouse.



## Christmas Tree Festival



Once again this year Newark Emmaus Trust took part in the Parish Church Christmas Tree Festival. On the afternoon of the 30th November a staff member accompanied residents up to the Church to decorate the tree we had purchased.

The afternoon was spent decorating our tree but residents said that the competition was really good this year with some beautifully decorated trees being produced. One of our residents even helped other organisations decorate their tree which she was thanked for.

Well done to all that took part in this year's event and the resulting trees looked amazing.

## Academy raises funds for NET

Senior Project Worker Louise and NET resident Holly visited Holy Trinity Academy on Friday 8th December to meet the pupils of St Clare House, who raised £83.00 through a collection. Each House at the school chose a charity and St Clare House chose Newark Emmaus Trust. Louise and Holly gave a talk and answered questions from the children.

They have also put a Hamper together which we collected in time for Christmas.

Many thanks to the children and staff of St Clare House for thinking about us and their generous donations. We look forward to working with them in the New Year.



## The Big Christmas Quiz

Can you guess what the Chocolates and Sweets are?



	Clue	Words	Answers
1	Sly giggles	8	
2	Hole in one	4	
3	Group of clever people	8	
4	Pigs like to dig these out	8	
5	Carry baby food on	4,4	
6	Le sale is band (anagram)	7,5	
7	French sweets	3,4	
8	Assorted girls	5,8	
9	Talk quietly	5	
10	Pub pins	8	
11	How do you eat yours?	5,3	
12	Wobbly pre-schoolers	5,4	
13	Road of excellence	7,6	
14	Stars in the sky	5,3	
15	Are there two of these on board?	6,6	
16	For truckers only	6	
17	Scrooge's saying	6	
18	100% metal	3,4	
19	A finger of .....	5	
20	Front half of a plane	4	
21	A bit of snow	5	
22	50 on a dart board	8	
23	A vehicle with a short coat	7	
24	These were Berties favourites	9,8	
25	Mother's local	4,3	

The answers are on page 6

## Chocolate and Sweet Quiz answers

- |                        |                    |
|------------------------|--------------------|
| 13. Quality Street     | 1. Snickers        |
| 25. Mars Bar           | 2. Polo            |
| 24. Liquorice Allsorts | 3. Smarties        |
| 23. Caramac            | 4. Truffles        |
| 22. Bulls Eye          | 5. Milk Tray       |
| 21. Flake              | 6. Aniseed Balls   |
| 20. Aero               | 7. Bon Bons        |
| 19. Fudge              | 8. Dolly Mixtures  |
| 18. All Gold           | 9. Wispa           |
| 17. Humbug             | 10. Skittles       |
| 16. Yorkie             | 11. Creme Egg      |
| 15. Double Decker      | 12. Jelly Tots     |
| 14. Milky Way          | 13. Quality Street |

## Moving on...

Good luck to Jazmine, Keiron, Jess and Daryl who have all moved on to their own tenancies in the Newark & Sherwood District, we wish them well.

## New Arrivals

Congratulations to Nathan and Chanttel on the arrival of their daughter Mia.

Congratulations to Kirk and Chloe on the arrival of their daughter, Layla Rose.

## Education Successes

Congratulations to Jazmine, Lauren, Kyra, Charlotte, Daniella, Keiron, Adam, Kyle, Ryan and Antony who all gained Level 2 certificates in the City & Guilds Employability Skills course in our on-site Training Centre, and also to Danielle, Jess, Katie and Abbey who gained Level 1 certificates in the City & Guilds Parenting Awareness Course.



*And finally, here at NET News we wish a very Merry Christmas and a Happy New Year to all our readers, residents, support workers, volunteers, supporters and sponsors.*



## MAKE CONTACT...

Newark Emmaus Trust provides accommodation, support and training for single homeless young people aged 16-25 including pregnant teenagers, young mothers and their babies. All accommodation is in Newark and includes shared houses for young people of the same gender, shared houses for young people

of mixed gender, self-contained flats and houses for mothers and their babies or family units. All the accommodation is fully furnished and ready to occupy. An agency can refer a young person for an interview by contacting the office by telephone or email and the project also takes self-referrals.