

Meet our new Chief Executive Officer: Nikki Burley



Here at NET News we are delighted to have this first opportunity to welcome Nikki to Newark Emmaus Trust. Nikki was appointed back in April and is already moving the Trust forward to meet the ever changing challenges faced by our local young homeless.

At the time of her appointment Nikki said "I am delighted to be appointed Chief Executive and looking forward to working with the team at Newark Emmaus Trust. Whilst I intend to build on existing relationships, I also aim to develop new partnerships in the Newark community."

Before joining Newark Emmaus Trust Nikki worked in banking for twenty three years and then in the charity sector for a further ten years; mostly at the National Justice Museum in Nottingham. In addition to her professional experience she is well qualified to lead the hard working team at the Trust, holding a first class honours degree in business and finance and a Chartered Institute of Banking qualification. At the National Justice Museum she started as Head of Museum and was appointed Executive Director in 2014.

Nikki was involved in the Heritage Lottery Fund – backed museum refurbishment, founded the Unique Connections business networking group and raised more than £100,000 for Help a Nottinghamshire Child charity.

At the time of her appointment Nikki said "I am extremely proud to be at the NET and will be looking to build on the excellent service that the Trust provides to homeless young people. Our work is essential in Newark and I am excited to be able to be part of it and would welcome the opportunity to meet local businesses that may be able to help."

We look forward to hearing more from Nikki in future issues of NET News.

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The Trust, which celebrated its twenty fifth anniversary on the day NET HUB was officially reopened, provides supported accommodation for homeless young people, and those in danger of becoming homeless. Young people are housed for anything from a few weeks to a number of years and whilst living in the project residents learn basic life, social and work skills, all aimed at equipping them to live independently when they set out on their own.

Rose Makings, who at the time was the Project Manager at the Trust and who retired recently after many years dedicated service, said it was wonderful to welcome Bishop Paul: "It was good to be able to talk to him about the work that the Trust is doing and for him to

meet some of the residents and to see first-hand the positive outcomes of what is being achieved with the young people of Newark."

The original training facility and communal kitchens were old fashioned and badly in need of modernisation. Thanks to a capital grant from LandAid, the property industry charity, the kitchens have been completely refitted and the building has been reconfigured to provide and a new information and meeting room, a staff over-night room, a multi-purpose communal residents' training facility. The centre will also provide facilities for all of the young parents to complete Parenting Awareness Training; this has been kindly funded by a 3-year revenue grant from Children In Need.

Supporting our Parents



Here we are pleased to bring our readers an update on the support activities for the parenting group at the new NET Hub



Since the refurbishment of the NET hub, our weekly parenting group – which is kindly supported by Children in Need – has been back up and running helping our young parents to develop their parenting and life skills and providing activities and social space for the young children in our Project.

Over the last couple of weeks we have been learning about Health and Safety in the Home, with focus on the Child Accident Prevention Trust's chosen theme for Child Safety Week of "Family life today: where's the risk?". We have explored new dangers facing families today from our modern lifestyles such as hair straighteners, mobile phones, liquid washing tablets and button batteries, and looked at simple solutions to keep children safe.

To raise awareness on things that poison, a few of our pluckier parents braved the Bitrex test where we tried the world's most bitter substance. (This is a disgusting tasting additive added to chemical products that makes it more likely that children will spit out COSHH substances). We can confirm that this is as

revolting as it sounds and had our parents pulling some hilarious faces!

Following our workshops on burns and scalding, we implemented a Hot Drink's Policy in our Group and supported our young parents to write their own Safety pledge. Newark Community First Aid also kindly paid us a visit in July and delivered a course on Paediatric First Aid.

That's not to say we haven't been making lots of fun memories too. Over the last few months we have made Easter bonnets and had a chocolate egg hunt, baked cupcakes, made cress heads, splashed in our paddling pools and got to cause havoc with our new hand held bubble gun!

Messy play was a particular highlight of last month as our children got to discover new smells and textures for the first time, getting covered tapioca, talcum powder and mushy peas!

We look forward to visiting Robin Hood's Wheelgate Theme Park and having a teddy bear's picnic very soon- so watch this space!



Women and Power

Following on from our previous NET News feature we provide an update on the involvement of our residents in the various aspects of this collaborative project with Southwell Workhouse



The Dolls House

Jayne and Kyra spent 3 days with Natalie producing a mixed media art piece which explores ideas of family, motherhood and what this means, using a range of artistic influences and techniques. Our young people thought about their dream home and how they want to nurture themselves and their families into the future. The girls got to develop their confidence in sewing and work with different materials like acetate which they had never used before.

Face of Change

Also, exciting is the Votes For Women FILMS|PRINTS exhibition currently being showcased at the National Trust Southwell Workhouse which includes the collaborative film Benjamin Wigley produced with Emma, one of our young mums, who both choreographed the piece as well as performed the dance. The film was inspired by thoughts of a mother being separated from her child in the workhouse, waking in the night to hear her cry but being unable to reach them.

Emma went to see the display herself when it opened in May and was delighted with how the piece turned out, saying she felt star-struck on the day seeing her face on the big screen and on posters around the site!

Protest through Art

As mentioned in our last newsletter, we have continued our Women and Power project with Southwell Workhouse. In March, two of our young women, joined female focused Community Artist, Natalie Jones, in Birmingham to visit the Women and Power Protest display at Birmingham Arts Museum.



Resident's artwork transforms spaces



Following on from our successful collaboration in November with local urban artist James Mayle at Image Skool, transforming Hatchet's Lane as part of the Newark Sherwood District Council's Cleaner Greener Safer Newark Campaign, we joined forces again, this time to spice up one of our own yards.

In April, a group of our young people took part in a creative workshop to come up with ideas for a graffiti design to make over our communal garden area. We decided upon a landscape theme showing three types of habitats; Savannah, jungle and rainforest as a way to bring colour and interest to the space. Residents chose to incorporate animals that signified strength to represent the transformation that many of our young people experience during their time living at NET.

Our young people spent 2 days working with James to bring the boards to life; painting outlines and silhouettes over a bright and colourful background. For some of our residents this was the first time using aerosols to paint, for others it was an opportunity to learn more about the craft and ways to add finesse to their work. Residents enjoyed getting to spend time with James and Lynn from NSDC, and were very proud of their hard work.

We look forward to enjoying this space over the summer, and are excited to team up on further projects with Image Skool and NSDC in upcoming months.



NET welcomes donation from Holy Trinity School



The Trust has recently received a donation from the pupils at Holy Trinity Catholic Academy. Pupils at Holy Trinity wrote to a local supermarket asking for Donations to help set up care packs for those who are homeless. Along with their own contributions, they kindly donated hampers containing food and toiletries to the Trust.

Beth Easton, Assistant Head at Holy Trinity said "Thank you to the Trust for helping the children gain a valuable understanding of the Newark Emmaus Trusts role in helping young homeless people. The children will be feeding back to the School Council who initiated the spring term's act of mercy to 'shelter the homeless'"

Nikki Burley CEO at Newark Emmaus Trust

said "The young people who reside at the Trust are always extremely grateful for the help that the local community provide. These donations are distributed to all residents including our young parents and children. I am very grateful to the young people of Holy Trinity for the time and thought that was given to this project and it was lovely to meet with them personally at our Head Office on Northgate"



THANK YOU ASDA

Newark Emmaus Trust were one of the charities chosen as part of Asda's Your Community Our Community Scheme. John Hudson, Deputy CEO is pictured receiving a cheque for £200.00. We would like to say a big thank you to Asda on behalf of everyone at NET.



Parishioners of Holy Trinity Church show generous support for NET

We recently received a donation of £1000 from Holy Trinity Church. Father Michael explained that it was raised at the Evening Mass of the Lord's Supper on Holy Thursday at the Church where they commemorate the washing of the feet of the Disciples of

Jesus. Father Michael said "I symbolically wash the feet of twelve parishioners to commemorate what Jesus did". During the washing of the feet, a collection is taken inviting people to support NET in our work of helping young homeless people. We would like to

take this opportunity to say a huge thank you to Father Michael and the parishioners of Holy Trinity Church for their very kind donation which will be put to good use in helping our young people.



Volunteer Fair promotes our work at NET

In June, Nikki (CEO) and Louise (Senior Support Worker) attended a Volunteer Fair to promote the work of NET and to see what interest was out there for people to come in and do some volunteering with our young people. The event went well, we had some interest and met some lovely people from other organisations giving us the opportunity to network and further raise awareness of the Trust.

Our resident Megan helps out in the community...

These photos are of Megan volunteering at Beaumont House, she went with staff member Becky to work on their garden. It was a very hot day working in the sun, the staff there kindly gave them cold drinks to keep them going!



If you would like to support us either by fundraising, naming us as your charity of the year, providing donations or pro bono help please contact Nikki, John or Louise at the number below as we would love your support in helping us to transform lives and help young people to live independently.

Newark Emmaus Trust provides accommodation, support and training for single homeless young people aged 16-25 including pregnant teenagers, young parents and their babies. All accommodation is in Newark and includes shared houses for young people of the same gender, shared houses for young people of mixed gender, self-contained flats and houses for mothers and their babies or family units. All the accommodation is fully furnished and ready to occupy. An agency can refer a young person for an interview by contacting the office by telephone or email and the project also takes self-referrals.

If you need help or know somebody that does then please contact us by telephone or email.

HOW TO CONTACT US



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